

국제뇌교육협회 발행 뇌교육 온라인소식지

International Brain Education Association

IBREA News 2008 *special*

8.12 제4회 국제브레인HSP올림피아드 뉴스



해외 100개국에 지부를 두고 뇌교육의 연구, 보급, 인증 등을 담당하는 비영리 단체로 미국 뉴욕에 세계본부를 두고 있는 한국 뇌교육 세계화를 이끄는 중추기구 www.IBREA.org

[IBREA- World Wide]

□ 유엔본부서 제4회 국제브레인HSP올림피아드 국제대회 개최



국제뇌교육협회는 지구촌 최대축제인 올림픽이 중국 베이징서 화려하게 펼쳐지고 있던 때, 지구촌 심장부 유엔본부에서 특별하고도 주목할 만한 국제올림피아드를 개최했다. 유엔이 지정한 'UN International Youth Day(유엔 국제청소년의 날)'인 8월 12일에 펼쳐진 국제두뇌올림피아드 IHSP(OInternational Brain HSP Olympiad 국제브레인HSP올림피아드)가 그것으로 이 날 국제대회와 컨퍼런스에는 10개국 500여명이 참여했다.

이번 4회 국제대회는 유엔자문기구이자 IHSP(O 창설기관인 한국뇌과학연구원과 공동 주최하고, 유엔경제사회국 NGO Section과 유엔NGO협의체 교육위원회가 공동 후원했다. 국제뇌교육협회는 지난 6월 20일 유엔본부에서의 국제행사 개최 이후 올해 유엔서 2차례에 걸친 국제행사 개최로, 대회 시작 전부터 유엔 내에서 많은 주목을 받았다.

유엔 내 이러한 관심을 반영하듯, 당일 유엔본부 컨퍼런스룸#2 에서 열린 개막식에는 하니파 메조우 유엔경제사회국 NGO국장, 샤미나 드 공자가 유엔총회의장 특별자문을 비롯해 유엔경제사회국, 유엔NGO협의체 관계자 등 많은 유엔 인사들이 참가했다.

한국에서 국가과학자 1호인 신희섭 박사는 특별강연자로 초청받아 참석했으며, 이 날 대회에 창설국인 한국에서는 예선, 본선 8만 여명을 거쳐 최종 선발된 40명의 한국대표 선수단이 참가했다. 워싱턴 파커 미주뇌교육협회 부회장을 비롯해, 뇌교육을 미국 내에서 도입하고 있는 교사들도 상당수 참여해 미국 내 높은 뇌교육에 대한 관심을 반영했다.

□ 이승헌 협회장, 유엔본부 컨퍼런스룸 개회사 및 특별강연



- ‘인류 미래는 누구나가 가진 뇌의 평화적 활용과 계발에 달려 있어’
- ‘2010년까지 1억에게 뇌교육의 정신과 활용법 전하는 것이 목표’

IHSPO의 창설자인 이승헌 국제뇌교육협회 회장은 개회사에서 “21세기 인류가 당면한 위기를 해결할 열쇠는 뇌에 있으며, 이는 누구나가 가진 뇌의 무한한 창조성과 더불어 평화적 의식변화로부터 가능하다”라며, “국제두뇌올림픽이 개최의 의미는 인류미래의 열쇠가 뇌에 있음을 인식하는 동시에, 한국 뇌교육의 우수성을 전 세계에 알리는 국제무대”라고 밝혔다.

축사자로 나선 하니파 메조우 유엔경제사회국 NGO 국장(사진 왼편)은 25년간 유엔에 근무하며 회원국 위주의 유엔의 활동범위를 NGO로 확대, 추진한 인물로, 각국 대학을 돌며 유엔 인턴쉽 프로그램을 알리고 시민단체 및 시민이 직접 참여하는 아웃리치 프로그램을 운영에도 적극적이다. 또한, 반기문 유엔총장도 ‘유엔국제청소년의 날’을 기념해 개최되는 이번 올림픽에 축하 메시지를 보내왔다.

또한, 국제대회 이후, ‘유엔 국제청소년의 날(UN International Youth Day)’을 기념해 개최된 뇌교육컨퍼런스에는 국가과학자 1호인 신회섭 박사(KIST 신경과학센터장), 대회장인 이승헌 국제뇌교육협회 회장, 사미나 드 공자가 유엔총회의장 특별자문이 강연자로 나섰다.

뇌교육컨퍼런스에 특별강연자로 나선 이승헌 협회장은 “인류가 원하는 평화는 그냥 이루어지지 않는다. 체험적 교육방법을 통해 평화의식을 고취시키는 뇌교육은 미국, 일본 등의 교육현장에서 실제적인 인성회복을 이끄는 새로운 교육대안으로 주목받고 있으며, 이는 뇌교육이 한민족의 평화공존철학인 홍익인간(弘益人間)의 정신을 그 근간으로 하고 있기 때문이다.”라고 밝히며, “2010년까지 1억명에게 뇌교육의 정신과 활용법을 알리는 목표를 갖고 있으며 이를 통해 홍익정신의 가치를 알릴 것”이라고 밝혔다.

□ 두뇌활용과 계발 위한 다양한 두뇌올림피아드 종목 펼쳐



- '유엔 국제청소년의 날' 기념해 유엔본부서 개최
- 한국 선수단 40명 출전해 금상 3, 은상 1, 동상 1개 최다 수상, 한국-미국-캐나다 순

“A New Challenge for the Brain(뇌에 대한 새로운 도전)”이란 슬로건을 가진 IHSPO는 2005년 한국에서 창설된 국제올림피아드로 작년 미국 뉴욕서 개최된 국제대회에 7개국 이 참가하며, 21세기 뇌의 시대를 주도하는 새로운 국제올림피아드로 주목받고 있는 국제대회.

IHSPO는 세계 유일의 두뇌활용능력을 평가하는 국제올림피아드답게 그 종목도 특별하다. 대회의 메인종목이자 두뇌의 고등감각인지능력을 평가하는 ‘HSP 브레인윈도우’는 시각을 차단한 채 고도의 집중력과 인지능력으로 사물을 인지하는 종목이며, ‘HSP 스피드브레인’은 4초간 색상, 모양, 알파벳을 제시하고 재생하는 순간인지능력을 평가하게 된다. ‘HSP 뇌감각인지’는 인체에 흐르는 미세한 에너지장의 인지능력을 평가하며, ‘HSP Gym’은 특정자세를 일정시간 유지하는 것으로, 두뇌의 평형감각과 지구력 등을 평가하게 된다.

이번 국제브레인HSP올림피아드 국제대회에 출전한 한국 선수단은 HSP 브레인윈도우 이종하(금상), 우창우(은상), 최상영(동상), HSP 스피드브레인 김가영(금상), HSP Gym 김병진(금상) 등 전체 금상 3개, 은상 1개, 동상 1개를 수상해 참가국 중 가장 우수한 성적을 거두었다. 국가별로는 한국, 미국, 캐나다 순으로 우수한 두뇌능력을 펼쳤다.

□ 유엔본부 개최, 제4회 국제브레인HSP올림피아드 국제대회 수상리스트



IHSPPO 2008 Award

Award: First Place (금상)

- HSP Gym (Students)	Kim, Byung Jin	Korea
- HSP Gym (Adults)	Dan Ochs	USA
- HSP HSP Speed Brain	Kim, Ga Young	Korea
- HSP Body Sense Perception	Marek Kazmierczak	Canada
- HSP Brain Window	Lee, Jong Ha	Korea

Award: Second Place (은상)

- HSP Brain Window	Sean Nanowsky	USA
- HSP Brain Window	Woo, Chang Woo	Korea
- HSP Gym (Students)	Christine Cimpian	USA
- HSP Gym (Adults)	Teresa Travis	USA
- HSP HSP Speed Brain	Sinead Cotter	USA
- HSP Body Sense Perception	Lee, Seung Yeon	USA

Award: Third Place (동상)

- HSP Brain Window	Choi Sang Young	Korea
- HSP Brain Window	Sam Johnston	Canada
- HSP Brain Window	Brandon White	USA
- HSP Gym (Students)	Lucas Rodakowski	USA
- HSP Gym (Adults)	Troy Tumivelli	USA
- HSP HSP Speed Brain	Shawn Supreme	USA
- HSP Body Sense Perception	Thomas Hill	USA

**Report from the Fourth International Brain HSP Olympiad
Co-Hosted by the Korea Institute of Brain Science and the
International Brain Education Association**

Held August 12, 2008, at the United Nations, New York

On August 12, 2008, the Fourth International Brain HSP Olympiad (IHSPPO) was held in Conference Room 2 of the United Nations, New York. The event coincided with United Nations International Youth Day.

The IHSPPO celebrates the integrated functioning of the brain itself, rather than athleticism or knowledge. The IHSPPO has been held annually since 2005. The first two Olympiads were held in Seoul, Korea, and the third was held in Ellenville, New York.

Hosts of the Fourth IHSPPO were the Korea Institute of Brain Science, an NGO with consultative status to the United Nations ECOSOC, and the International Brain Education Association (IBREA). Co-Sponsors were the NGO Section of the UN Department of Economic and Social Affairs and the Committee on Education of the Conference of NGO's in Consultative Relationship with the United Nations. Over 500 persons from 10 countries participated, including 200 children. Ms. Katie Brisley-Logue of the International Brain Education Association served as Master of Ceremonies.

The Conference opened with a video containing historical and conceptual background about Brain Education and the IHSPPO, interviews about Brain Education with teachers and scholars, footage of Brain Education training sessions, sharings from youth who have experienced Brain Education, and the Brain Declaration:

I declare that I am the master of my brain.

I declare that my brain has infinite possibilities and creative potential.

I declare that my brain has the right to accept or refuse any information or knowledge that it is offered.

I declare that my brain loves humanity and the earth.

I declare that my brain desires peace.

Take back your brain!

The video was followed by welcome remarks from Faye Feller and Diane Paravazian, Co-Chairs of the Education Committee of the Conference of NGO's in consultative relationship with the United Nations; Dr. Hanifa Mezoui, Chief of the NGO Section of the UN Department of Economic and Social Affairs; and Mr. Ilchi Lee, President of the Korea Institute of Brain Science and Founder of the Brain HSP Olympiad. A message to youth from UN Secretary-General Mr. Ban Ki-Moon was read on the occasion of UN International Youth Day. In his letter, Mr. Ban urged youth "to invest their energies and bright ideas into shaping a safer, more sustainable planet."

The HSP Gym and HSP Speed Brain events then took place in Conference Room 2. HSP Gym requires contestants to hold demanding still postures – with arms out, eyes closed (and for adults, one leg lifted) - for twenty minutes. Participants should smile. This event tests participants' motor

systems, balance, and concentration. 35 adults and 45 children competed.

HSP Speed Brain challenges contestants to perceive and store information all at once, much as a camera does, rather than one item at a time. They are exposed to an array of 16 different symbols for four seconds, and then must recall as many as possible after four seconds. This event tests participants' faculty for parallel cognition. 70 children competed.

HSP Body Sensory Perception and HSP Brain Window took place at the Church Center on Second Avenue. HSP Body Sensory Perception requires contestants to distinguish among three different types of liquids (water, milk and orange juice) without being able to see them. The event tests participants' body (non-visual) sensory system. 20 adults children competed.

HSP Brain Window is the marquee event of the International Brain HSP Olympiad. While blindfolded, contestants must identify colors (among six) and shapes (among six) printed on palm-size, card-stock paper. The event tests contestants' faculty for heightened sensory perception, a skill, which arises through, advanced Brain Education training. 10 adults and 60 children competed.

At 3pm the International Brain HSP Olympiad Conference commenced. Dr. Hee-Sup Shin, Director of the Center for Neural Science of the Korea Institute of Science and Technology and a National Scientist of the Republic of Korea, presented on the "Science of Heightened Sensory Perception." He presented data showing that children undergoing advanced Brain Education training programs over four to six months improved their ability to perceive colors and shapes on cards, while blindfolded. He also stated that other types of scientific studies, including functional magnetic resonance imaging and electroencephalography, were being conducted to shed light on the brain mechanism of heightened sensory perception.

A special panel of youth speakers then presented on the role that youth can play for internationalism and creating a culture of peace. Ms. Jacqueline Murekatete, fellow of Miracle Corners of the World and founder of Jacqueline's Human Rights Corner, shared about her experience as a survivor of the Rwandan genocide, and her subsequent dedication to raising awareness about genocide prevention and promotion of tolerance. Ms. Leana Huynh of Rotaract, the youth division of Rotary International, spoke about opportunities for youth involvement in NGO affairs. Ms. Shamina de Gonzaga, Special Advisor on NGO Relations in the Office of the President of the General Assembly and Chair of the 61st UN DPI NGO Conference, spoke on the importance of being aware of how people treat one another, when gauging their character. She also highlighted the significance of the Brain Declaration's last line - "Take back your brain!" - in the context of messages from marketing or mass media, which can otherwise diminish our sense of intrinsic human worth. Dr. Sung Lee, Secretary of the International Brain Education Association, moderated a question and answer session.

Mr. Ilchi Lee provided the keynote address. He began by emphasizing that it is not the physical substance of the brain that is significant, but the way we use the brain. He produced the example of a stick of wood, which he snapped forward to demonstrate its usability as a weapon. He then quickly pulled it to his lips to show that the same object could be used as a flute, and he played a melody. He implored the audience to use their brains to make music and peacefulness. Lee shared his understanding of how the brain works best: when it is exposed to an integration of positive

messages, music, and creative action. He gave the example of the “message [he] gave [his] brain” when he first came to the USA and was immediately robbed of \$5000. It was all the money he possessed at that time. “I told my brain, I just made a donation of \$5000 to the USA!” and he immediately experienced a deep sense of greatness and generosity. He then vowed that his generosity would be repaid many-fold through economic productivity, and he made good on his vow. Lee then shared selections of music that he considers to be very peace making for the brain. He led participants through an exercise called Brain Wave Vibration, aimed to help persons recover healthful brain wave rhythms, for promoting natural healing ability. Finally, Lee declared his intention for Brain Education to support the missions of the United Nations and NGO communities, to create a culture of global peace.

At 5pm there were two special presentations. LOJ, a hip-hop artist from New York City, led a rap song called “Think!” with lyrics highlighting the importance of using the brain well. The Phoenixi of the college and university-based Body & Brain Clubs provided a demonstration of the healing martial art of Dahn Mudo.

The awards ceremony then began with remarks from Dr. Warrington Parker, Vice-President of IBREA USA, who reminded the youth that they are the future leaders of the world. Dr. Parker, Dr. Hanifa Mezoui, and Mr. Ilchi Lee then presented the third, second, and first-place awards, respectively, to the winners of the four IHSPO events. The event closed with final remarks from Mr. Lee.

Through its unique purpose and activities, the Fourth International Brain HSP Olympiad evoked an unusual level of hope and enthusiasm among participants, observers, and speakers alike. The International Brain Education Association and the Korea Institute of Brain Science aim to continue bringing the benefits of Brain Education training programs to the United Nations and NGO communities. For updates about the globalization of Brain Education, please visit www.ibrea.org.